

GREENWOOD

Chiropractic Wellness

Daily Migraines CASE STUDY

This patient suffered from migraines for 20 years. She came to accept the pain as part of her daily life until her mother suggested she visit a chiropractor to see what options were possible.

TREATMENT

Debilitating Migraines

Before seeking help, I would get migraines at least twice a day. Over-the-counter migraine relief pills were part of daily life for me.

I am a school teacher and so I just had to fight through the pain. But I couldn't hide the pain I was in, even my young students at school would notice when I was getting a migraine and they'd say "it's time to take your medicine!" I'd have one kid that would go and just bring me my bag, it was very cute.

On a recommendation from my mother, who was being treated here, I decided to see what help was possible. I wasn't hopeful as this had been my life for 20+ years.

Dr. Hausch was able to help. Due to how severe my pain was, my treatments were intense. My visits were three-times a week for about three weeks. They then reduced to twice per week and they continue to be reduced the better I get.

Visiting this chiropractor clinic was a very different experience than a regular family doctor. Each member of the team knows who I am and what treatment I am here for. The doctor is very present during my treatment, he's talking with me and explaining what is next. He's not glued to his screen and treating me as a number he has to get through his day. The personal experience has made me feel very cared for.



RESULTS

Three headaches in seven weeks

I feel amazing. To have had only three headaches – not migraines – in the past seven weeks is a fantastic recovery for me. Dr Hausch is very trustworthy. He will do as much as he can for you, he explains everything he will do and is very honest with you about what he can and can't do to help heal your body.

1

SEEKING HELP SOONER

I let negative rumours of chiropractic care influence my decision to never consider this type of treatment. Had I been more open minded, perhaps I wouldn't have had two decades of migraines!

2

WHOLE BODY CONNECTION

I learned that many facets of my body have to work together in order to relieve pain. The muscles have to work well in order for the adjustments to work well – this is where stretches come into play for my healing. I continue my stretching "homework" between visits and it has made all the difference.

3

NO MORE MEDICATION

I no longer have to have my migraine pills with me everywhere I go because I don't get migraines any more!